

# How Goes It With Your Soul? Spiritual Assessment for Artists

Take your time and answer the following questions honestly. There are no right or wrong answers. This information is between you and the Lord.

1. When was the last time you sensed God's presence in a deep and meaningful way and what were the circumstances surrounding that experience?

2. On the continuum below, how would you rate your spiritual vitality these days?

Spiritually Dry.....|.....Spiritually Alive

3. Explain why you rated your spiritual vitality as you did.

4. Do you spend time one-on-one with the Lord regularly?

- Yes, I do.
- Yes, I do, but I rarely get anything out of it.
- No, but I'd like to.
- No, I'm too busy.
- No, and I don't see any reason to do so.
- I've tried, but have never been able to be consistent.

5. If you're not spending time regularly with the Lord and you desire that, what's keeping you from doing so?

6. If you are spending time regularly with the Lord, are you satisfied with how those times are going? Are you aware of any way you could deepen or improve the experience?

7. Are there any spiritual disciplines you feel especially drawn to these days? (I.e. Bible reading, prayer, private worship, Scripture memory, fasting, solitude, journaling, Sabbath keeping, etc.). If so, what? And why?

8. What's your deepest desire these days? Your greatest passion? What most excites you?

9. Do you have any idea what the next area of spiritual growth might be for you?

10. What activities help you feel connected to God? For example, I sense God's presence most whenever I....